

# The Herndon Light



2nd Month 28th, 2016 A Newsletter of Herndon Friends Meeting - Quakers - Reston & Herndon Virginia 232

## Calendar

- Mar 5 Making Justice Work: Community Forum on Police Practices United Christian Parish 2pm
- Mar 6 Potluck Lunch at Rise of Meeting for Worship
- Mar 12 3<sup>rd</sup> Month Interim Yearly Meeting at Langley Hill 10:00 AM
- Mar 13 Meeting for Business 9:00 AM
- Mar 13 Student Peace Awards Ceremony Sherwood Community Center, Fairfax VA 4 pm
- Mar 19-20 BYM Retreat for Religious Educators at Richmond Friends Meeting Register at <https://bym-rsfl-org.presencehost.net/events/ymevents/16retreat.html>
- Mar 19-20 JYF Conference at The Clearing in Amelia Court House, VA Richmond Friends
- March 20 Adult discussion Session on Clearness Committees, led by Stacey Laroy 9:00 AM
- March 27 Easter - egg hunt and potluck lunch at rise of Meeting for Worship
- April 3 No Potluck lunch
- April 10 Meeting For Business 9:00 AM

## *Query: Meeting for Business*

Are our Meetings for Worship with a Concern for Business held in the spirit of worship, understanding and forbearance?

In what ways do we each take our right share of responsibility in the service of the Meeting? Do we humbly set aside our own preconceived notions as to proper action, seeking instead divine guidance as to the right course? When direction seems lacking, is this seen as a challenge to a more prayerful search for truth?

Is the Meeting aware that it speaks not only through its actions but also through its failure to act?

## *Meeting For Business 2/14/16*

Clerk **Cat Wilkins** gathered 23 Friends for Meeting For Worship with a Concern for Business with a reading of the Query on Meeting for Business.

**Ministry & Oversight Committee – Fred Cresson** reported that a Worship Sharing for

the purpose of determining the 2015 Spiritual State of the Meeting was held February 7 during Meeting for Worship. The committee is very grateful for the thoughtful participation of everyone in attendance. The State of the Meeting Report will be seasoned through the Ministry and Oversight Committee and brought to Meeting for Business for approval. **Stacey Laroy** will lead the discussion on clearness committees on March 20 at 9:00 AM.

Fred reminded everyone that grants of \$350 are available for Herndon young friends attending BYM camps.

**Cornerstones - Katherine Cole**, on behalf of Debbie McCormick, HFM representative to the Cornerstones Board, described a Hypothermia Prevention Program. The program shelters 20-25 homeless people every evening during the winter at the North County Human Services Building, 1850 Cameron Glen Drive, in Reston. As part of the program, an evening meal is provided and Debbie McCormick has arranged for Herndon Friends to coordinate

Herndon Monthly Meeting of the Religious Society of Friends holds Meeting for Worship at 660 Spring Street in Herndon each First Day (Sunday). Hymn singing begins at 10:15 am. An unprogrammed Meeting for Worship begins at 10:30 am and lasts about one hour. After worshipping with adults for 10-15 minutes, children and teenagers attend First Day School classes until the end of Meeting for Worship. The building is wheelchair accessible. For more information call the Meeting's telephone answering machine at 703-736-0592. The Newsletter Editor is Terence McCormally. Notices for the Newsletter can be sent to him at 2514 Trophy Lane, Reston, VA 20191 E-mail [tmccormally@ffpcs.com](mailto:tmccormally@ffpcs.com). Newsletter assembled addressed and mailed by Meg Wallace **WEBSITE AT** [www.herndonfriends.org](http://www.herndonfriends.org).

The Care Coordinating Committee is available for Friends in need. If you need assistance because of an illness or other emergency, contact Abbey Compton, Clerk, at [abbey.compton@verizon.net](mailto:abbey.compton@verizon.net); or Priscilla Chamlee at [dandpchamlee@gmail.com](mailto:dandpchamlee@gmail.com); or Fred Cresson at [cresson4@verizon.net](mailto:cresson4@verizon.net), or Stacey LaRoy at [stacebear@laroyfamily.com](mailto:stacebear@laroyfamily.com) or Margaret Rogers at [margrog@juno.com](mailto:margrog@juno.com)

the meal there on Friday, March 4, 2016. Friends who would like to help with donations of food or serving the meal beginning at 6 p.m. should contact Debbie McCormick. Debbie also asked if the Meeting would consider providing the paper plates and utensils. **The Meeting approved.**

**Sound system** for hard of hearing - Katherine Cole proposed this idea, based on observing how helpful it was to have a sound system at the Women's Retreat. Dave Wilkins has installed assisted listening at three other Meetings and was asked to provide some information on the choices for doing this and the possible costs. Dave described three different possibilities, all with some drawbacks, and said that the cost ranged between \$5,000 and \$10,000. The Meeting approved the concept and asked House and Grounds to get more information. The cost of this would come from the Capital Fund and would not require an adjustment to the operating budget.

**Ad-Hoc Nominating Committee to nominate the Nominating Committee** - Katherine Cole and Don Chamlee put forth the names of Paul Murphy and Kim Glazer as new nominees. Harry Tunis will continue serving on the committee and will serve as clerk. Curtis Jacobs has resigned from the committee. The Ad-Hoc committee will try to come up with one more nominee, since four members would be preferred. **The Meeting approved the two new appointments.**

**Margaret Rogers** announced that the **Peace Awards ceremony** will be held on March 13, at 4 p.m. at the Sherwood Community Center in Fairfax.

For **Religious Education**, **Meg Wallace** announced that Game Night for the Godly Play class will be held at the meetinghouse this Saturday, Feb. 20, from 6 to 8 p.m. Dinner will be provided. (Ed. Note: this event was successfully rescheduled for 2/27/16.)

She also announced a BYM Retreat for religious educators to be held at Richmond Friends Meeting beginning 11:30am on Saturday, March 19, with lunch provided by Meg Meyer at noon. Dinner and breakfast will be potluck, and each registrant is asked to bring one dish with eight servings. The end time is noon on Sunday, March 20. The JYF

Conference will occur simultaneously at The Clearing.

Due to time constraints, the Clerk proposed that the four committees who had prepared 2015 Annual Reports (Greening, House and Grounds, Hospitality, and Peace & Social Concerns) plan to present them at 3<sup>rd</sup> Month Meeting for Business.

### *Spiritual Journeys*

As part of a continuing series, at the Adult Discussion Session on February 21st Katherine Cole recounted a portion of her spiritual journey from a Southern Baptist upbringing through an introduction to Quakerism at Earlham College and then membership in Herndon Friends Meeting. Due to illness, Meg Wallace had to defer her presentation which will be rescheduled.

### *Greening Committee*

The Greening of the Meetinghouse committee organized a sharing of magazines and spiritual books on February 21st. (Ed Note: Rescheduled for 3/7/16.)

Margaret Fisher also reported that the committee suggests that the Meeting discontinue our pesticide service. Discussion ensued. The Meeting approved the general concept of discontinuing the use of toxic pesticides inside and outside the meetinghouse, with the understanding that Greening committee will investigate alternative pest control. House and Grounds was asked to investigate the current pest control contract, consulting with the Treasurer, and determine any additional tasks needed to be performed when doing cleanup. Hospitality will investigate the implications for kitchen cleanliness. This concern will be carried over for further discernment at next Meeting for Business.

### *Eveline Marquardt*

Friend Eveline Marquardt underwent major surgery in Philadelphia on 2/22/16. Mike Marquardt reports that surgery went well and that Eveline is out of the hospital and expected to return to home next week. Eveline will have to return to Philadelphia to consider further treatment in the next month but is looking forward to being home. Eveline

has asked to be held in the light; cards and emails are welcome and should be addressed through Mike ([mjmq@aol.com](mailto:mjmq@aol.com)).

Quaker Pastor Phillip Gulley addressed the issue of “holding in the light” this way: “I remember years ago reading a story of two prisoners of war imprisoned in a dark cell illuminated only by a small six inch window eight feet off the ground. Each day they would take turns lifting each other up to the window so each could feel the light upon his face and see the sun, and the outdoors and so keep from going mad. To say to someone, “I will hold you in the light” is the verbal equivalent of lifting them up to God, lifting them up to light and goodness so they can have hope and peace.

But it is more than words. We ought never to say we are holding someone in the light unless we are willing to lift them up to the window. In the book of James, it says, “If you come across an old friend, dressed in rags and half starved and say “Good morning, friend! Be clothed in Christ; be filled with the Holy Spirit!” and walk off without providing so much as a coat or a cup of soup, what good does that do them. God-talk without God-acts is meaningless.”

### *BYM Women's Retreat*

Two hundred BYM Women, including 16 from Herndon Friends Meeting, gathered for their annual retreat January 29 through 31 at the Pearlstone retreat center in Reistertown, Maryland. Inga Erikson served as convener for the retreat, along with the HFM planning committee.

This was the first year the retreat was held at Pearlstone, a kosher retreat center. Participants reported comfortable and accessible accommodations, including an assisted listening system for those with impaired hearing. For some participants, the kosher nature of the center added a dimension of mindfulness to the activities: arcane rules about which dishes could be taken to which parts of the property, or how to make tea on the Sabbath focused attention on details that are often taken for granted. The center also includes a series of walking trails, although this could not be verified due to the two feet of snow on the grounds.

The retreat included a book share, a talent show, small group worship sharing, workshops on topics such as singable books and memoir writing and artisans selling their crafts including small quilts, knit items, alpaca wool, jewelry and pottery. Bert Curtis recommended in particular the humble, engaging motivational speaker Emily Kimball who blogs as “The Aging Adventurer” about her outdoor exploits.

Dee Dee Wilkins was the youngest participant, but has not submitted any reviews.

### *Interim Yearly Meeting Langley Hill 3/12/16*

Third Month Interim Yearly Meeting of Baltimore Yearly Meeting will be at Langley Hill Meeting 3/12/16 beginning at 10:00 AM with committee meetings from 10:30 to 1:00 pm, followed by lunch until 2, followed by Meeting for Business from 2 – 6 pm with dinner to follow. Committee meetings will include Unity with Nature, Faith and Practice Revision, Religious Education, Stewardship and Finance, Indian Affairs, Working Group on Racism, Youth Programs, and Nominating.

Other BYM meetings that may be of interest to Herndon Friends include:

--April 2 Peace and Social Concerns Networking Day, hosted at Sandy Springs Friends School

--April 30 the 2017 Apportionment meeting sponsored by the Stewardship and Finance Committee. This meeting will review BYM finances and the apportionment formula.

Hosted by Midlothian Monthly Meeting in VA

--Aug 1-7 Annual Session at Hood College in Frederick, MD

### *Making Justice Work*

Louisa Davis invites Friends to participate in a Community Forum for Fairfax County on “Making Justice Work Part II: Police Practices” to be held on Saturday March 5 from 2-4 pm at United Christian Parish in Reston. Stacey Kincaid, Fairfax County Sheriff, Cathy Hudgins, Hunter Mill District Supervisor, and Fairfax County Police Chief Edwin Roessler will discuss body cameras, use of force, civilian oversight of police and other topics. The invitation arises out of Louisa's long term interest in racial and interfaith justice.

Brief Notes

*“Be swift to hear, and slow to speak;” and let it be in grace, which seasons all words.* -George Fox, 1690

New book in library: “Letters to a Fellow Seeker: A Short Introduction to the Quaker Way” by Steve Chase. The book is a collection of seven clearly written letters in a style that you might write to an old acquaintance about what you’ve discovered about Friends. Additional resources are included.

Friends United Meeting is sponsoring a conference for North American Friends themed “Stoking the Fire –a Gathering in the Power of Christ” May 13-15 in Sophia, North Carolina. More information is available at [fum.org](http://fum.org)

Meg Wallace and Jolene Smith were FAPS for the Little Friends Game Night on February 27. Ten young Friends ages 3 to 10 attended, enjoying pizza, lemonade, and the construction of a tower with straws and tape.

Herndon Friends Meeting  
660 Spring Street  
Herndon, Virginia 20170